# Rules and Regulations for use of the "Indoor Sports Complex" of Institute of Advanced Study in Science and Technology (IASST), Guwahati, Assam

The Institute of Advanced Study in Science and Technology in its Guwahati campus has developed a Multipurpose Indoor Sports and Gymnasium complex to develop character and endurance and to provide the students, research scholars, scientists and faculty and other staff a better quality and healthy life. The complex has the facility for playing Badminton and Table tennis with modern facilities. All the facilities are available round the year.

#### Rules and Regulations for use and management of the Sports complex

#### 1. Objective:

These Rules and Regulations are framed by the authority to ensure efficient use of the facilities to promote sports and games activities for the members of the institute and others.

#### 2. Definitions:

In the context of these Rules, the following words and phrases have the meanings as given below:

- (a) "IASST" means the Institute of Advanced Study in Science and Technology. Guwahati.
- (b) "Director" means the Director of IASST.
- (c) "Faculty and Scientists" means the scientists and teaching members including Inspire faculty and other fellows of the IASST.
- (d) "Students" means the students, Ph. D research scholars, PDF. NPDF etc of the institute.
- (e) "Staff" means non-teaching members of IASST.
- (f) "IASST Family Members" means Director, Scientists/Faculty, Research scholars and Fellows, Officers, Staff, and Students of IASS1.
- (g) "Sports In-charge" means a Scientist/faculty appointed by the Director as the overall in-charge of sports/games with the authority to take decisions on as per provision of this rules and directives issued by the Director.
- (h) "IASST Alumni Members" means the students and research scholars who have pursued their study and research programmes for higher degree from time to time.
- (i) "Others" means persons/teams who are neither IASST members nor Alumni who may be granted permission by the Director/Sports in-charge to use the IASST sport facilities upon payment of user fees, amount as prescribed from time to time.
- (j) "Sports Coordinator" means a student who will be assigned by the Director/Sports in-charge of the Institute to coordinate a game by a formal order.

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### 3. Sports/Games facilities at IASST Multipurpose Indoor Sports complex:

- 1. Badminton court
- 2. Table tennis hall.
- 3. Gymnasium hall.

## 4. Access to facilities (Badminton/TT/Gym/others in the Complex) by IASST

- (i) Entry into the sports facilities of Multipurpose Indoor Sports and Gymnasium complex is free for IASST Members provided they follow a planned time-table prepared and coordinated by the Sports in-charge and respective games coordinators.
- (ii) A board outside the complex building will be kept for the users for prior reservation with timings.
- (iii) Maximum of one hour time is allowed for one or a group of user at a time.
- (iv) Users must record their attendance in the register and sign specifying the date and time.
- (v) Users shall be dressed in appropriate sports attire at all times. Appropriate sports shoes are to be worn at all times while in the court/hall/Gym.
- (vi) Entry will be restricted when the facility is under maintenance and the facility is reserved for special occasions and notified by a general notice from the Sports in-charge or verbal instructions of the authorized personnel.
- (vii) Entry into any sports facilities of IASST for Alumni Members shall be strictly based on advanced notice provided to the Sports in-charge and in accordance with a planned schedule of events.

#### 5. Timing:

The Sports Complex will be opened from 6.00 A.M. to 8.00 A.M. & 5.45 P.M. to 9.30 P.M. During Saturday and Sun day or public holiday a separate schedule will be maintained and displayed in the complex.

#### 6. Membership:

The facilities of the Complex are available to IASST Family members only. All the Scientists/faculty members, Ph D scholars and students, Research Fellows, officers and employees of the Institute are entitled to become members. Membership forms are available in the office of the Registrar and in the institute website for all the eligible persons desirous of joining Sports Complex.

#### 7. Membership dues:

All application for membership of the Sports Complex will be reviewed by a committee constituted by the Director. New members will deposit annual membership fee of Rs. 100/- at the time of joining the sports complex. In addition the members will pay fee of Rs. 50 per month for which he/she has to pay atleast 3 months fee at the time of joining. For family members also the same rate of fee shall be applicable. The year shall be counted from 1st April to 31st March of every year. Family member in this context shall refer to husband/wife, daughter, son, mother and father.

#### 8. Identity Card and Entry record:

All members and their dependants will be issued a photo identity card with a registration number. Entry to the Sports Complex will be permitted only to those with proper ID cards that must be deposited with the caretaker upon entry to the Sports Complex and will be returned when the member leaves the Sports Complex. Entry may be denied to those not able to produce proper ID cards.

Proper entry will be made by each member upon entry and exit from the Sports Complex in a register kept for this purpose by the caretaker in the complex.

ID card will be renewed every year and old cards have to be submitted at the time of payment of renewal fee.

Non member and any other unauthorised person are not allowed to enter the Sports Complex.

#### 9. Guest Member:

Regular member may invite guest to the Sports Complex. Guest charges per head will be as follows: Daily Rs.10.00, weekly Rs.50.00, fortnightly Rs.100.00 and monthly Rs.200.00. These charges will be collected through digital mode by the concerned personnel of the institute as assigned by the authority.

#### 10. Conduct Rules:

Members are expected to maintain decency and decorum in the Sports Complex. The institute authority reserves the right to evict any member creating a disturbance. Indulging in misbehaviour may lead to suspension or termination of the membership of the member.

#### 11. Conduct and Dress Code:

- (a) All members and users of the sports complex must maintain the cleanliness of the sports facilities. Littering the facilities will be considered an offence.
- (b) All IASST family members are discouraged from inviting non-IASST family members into the Sports facilities except through formal process of approval granted by the institute authority and Committees constituted for the purpose.
- (c) All members/users using any sports facility must wear proper dress and shoes for use of the courts and halls.

#### 12. Restriction of Usage:

Users are strictly prohibited from transferring, assigning, subletting or re-selling their booking(s) of the IASST sports facilities (or part thereof). In the event of such an occurrence, the institute reserves the right to stop the activities and cancel their booking without refund. They (and the associated student/staff group) may be barred from making future bookings.

#### 13. Precautions in use of floors in court and gym hall:

#### **Prohibitions**

- Use or introduction of sharp materials including nails, pins, pegs or rocks.
- (ii) Set-ups with point loads including tables, chairs, platform and stages.
- (iii) Events involving dragging along the surfaces.
- (iv) No smoking is allowed.
- (v) Due to proximity to residential housing, hostel and guest house no use of PA systems and other noisy activities at the sports complex.

#### Advisories:

- (i) To clear away all foreign materials introduced during the event/games.
- (ii) To clear away all debris and wastes from the events and deposit them at the waste material boxes.
- (iii) Please ensure that participants are properly attired with appropriate shoes and clothing.
- (iv) No food and drinks are allowed within the workout area. However food and drinks should strictly be kept and consumed in the designated area only.
- (v) Users should use the lockers provided to store their belongings. No personal belongings should be brought into the workout area.
- (vi) Look after your valuables.

#### 14. Damage to Property:

Members are liable for all deliberate damage, damage due to improper or inappropriate use or ignorance of proper use. Case of damage to the Sports Complex property will be reviewed by the Sports in-charge and appropriate fines will be levied for such damage. The fine will be deducted from the caution money of the member, in case of default or undue delay in payment of assured fine.

#### 15. Sports:

Members wishing to play badminton, table tennis, practice gymnasium will be provided racket, shuttlecocks, balls and other sporting gears by the Sports Complex as per the specific norms framed by the institute.

#### 16. Functions of Caretaker:

The Sports Complex caretaker will be wholly responsible for inventory of sports items, issue and receipt of sports items, maintaining of registers and overall cleanliness and hygiene of Sports Complex. One contractual worker will also be engaged to clean and remove the waste materials from the complex.

#### Specific rules for Gymnasium facilities

- 1. Access to the gymnasium will only be granted to students, Scientists/faculty and staff.
- 2. Persons under the age of 18 years shall not be permitted into the Gym.
- 3. Users should have their physician's approval for the appropriate exercise regime. Any exercise undertaken shall be done at the user's own risk.
- 4. To maintain proper hygiene, a towel must be used at all times and users are to wipe the equipment after usage.
- 5. No user is allowed to tamper with the electrical switches and gadgets in the Gym.
- 6. Users must adhere to the instructions in the usage of the exercise equipment.
- 7. Users must observe all safety regulations pertaining to the use of exercise equipment.
- 8. Weights lock must be used at all times while using the bar bells for safety reasons.
- Users must re-rack all weigh plates, bar bells and dumbbells after each use. Under no circumstances shall any exercise equipment be removed from the Gym.

- **10.** A user who is responsible for the loss or damage of the equipment due to act of negligence shall bear the cost of repairing or replacing the equipment.
- 11. Users must comply with any instructions given by the Sports in-charge.
- **12.** The users who are found to be in breach of any of the rules and regulations shall be instructed to leave the Gym immediately.
- 13. Users shall comply with such additional rules as maybe imposed by the institute authority from time to time to regulate the use of the Gym.
- **14.** The institute authority reserves the right to add, delete and/or vary the above rules any time it deems fit.
- 15. The IASST, its employees or representative shall not be liable for any damage, loss, injuries or deaths howsoever caused in the connection with the use of the Gym.

## Responsibility for Review, interpretation and implementation of the Rules and Regulations of the IASST Indoor Sports and Gymnasium complex.

- 1. These Rules and Regulations are subject to change from time to time.
- 2. The Director of Institute is the final authority for review, interpretation and implementation of these rules whenever required and deemed fit.
- 3. Changes to these rules shall be notified through a general notification or circular and content of which shall be incorporated into the rules accordingly.

Registrar, IASST



## (AN AUTONOMOUS INSTITUTE UNDER DST, GOVT. OF ENDLA)

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#### OFFICE ORDER

The Director, IASST is pleased to constitute a Sports and Games Management committee with the following members for managing sports and recreation within the IASST.

#### Members.

1. Prof.. H. Bailung,

Chairman.

2. Dr. L.B. Mahanta,,

Member.

3. Dr. Debajit Thakur,,

Faculty i/c and member Secretary.

4. Dr. D. Goswami,

Member.

5. Dr. W. Romi

Member.

6. Dr. Jagat Ch. Borah,

Member.

7. Mr. P. Borkataki,

Member.

8. Mrs. Juri Pathak,

Member.

9. Mr. Ibnul Farid

Student Co-ordinator

10. Ms. Sabiha Nudrat Hazarika

Member

11. Ms. Binita Borgohain

Member.

12. Mr. Dibyayan Dev

Member.

#### Terms of reference:

The terms of reference is attached (Annexure-I)

(Diganta Goswami)

Registrar, IASST. Date: 08.05.25.19

Memo No. IASST/1021/2019-20/1531 - 1544 Copy to:-

1. The PS to the Director, IASST

2. All the members of the committee

3. Concerned file.

Diganta Goswami

#### Terms of Reference of the IASST Sports and Games Management committee

#### The Terms of Reference of the committee:

The establishment of the Sports and games Management Committee has been made to provide an important forum for identifying wide issues and opportunities and suggesting the institute about effective policy and service provision regarding sports and recreation within the IASST with the following Terms of Reference:

- The overarching activities for the committee includes design, co-ordination, organization and event management of wide range of sports and games in the institute and raise and discuss any budget requirements, issues or concerns about the events with the institute authority.
- The Committee has to suggest broad-based sports and recreation issues within the IASST community and planning for the institute's sports day, determine the event date and activities and manage the overall schedule of events.
- The committee will be responsible to the Director and report to him through the Registrar and an overview/report of each meeting will be presented for approval.
- The Committee shall be responsible to have a strategic focus to monitor the maintenance of:
  - (i) Assets that are managed and used in the sports complex and field to meet the needs of the IASST community and to be provided for current and future generations.
  - (ii) Quality community sports and recreational facilities including Gym for increased participation in physical activity that are well used and accessible.
  - (iii) Use of playgrounds, stadium and courts and the assets that meet community needs for both recreational and competitive sports and games by following the prescribed guide lines and rules.
- The term of the members shall be for two years except for the ex-officio members.
- Regular meetings shall be held formally on a monthly basis. Additional meetings
  may be called, if necessary with agreement of the chair to discuss or report on
  urgent matters.

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